



Down Syndrome Awareness Month

classroom edition

Community Connections

- ☐ Volunteer with a local organization
- ☐ Host a fundraiser or supply drive for a local organization that supports individuals with Down syndrome
- ☐ Visit an organization that supports individuals with Down syndrome or invite them into the classroom to speak
- ☐ Encourage attending or volunteering at a local [Buddy Walk](#)

NDSS Resources

- ☐ [Q&A for Kids](#)
- ☐ [Facts, Myths, & Truths About Down Syndrome](#)
- ☐ [About Down Syndrome](#)
- ☐ Unique Learning Profile in [English](#) and [Spanish](#)
- ☐ Create [customizable fact cards](#).

Activities

- ☐ Encourage everyone to wear crazy socks – a pair of socks represent the shape of a chromosome when seen from a karyotype
- ☐ Watch Osborne Adventure's [Down Syndrome for Kids](#)
- ☐ Create a collaborative art project where everyone contributes a unique piece
- ☐ Watch [Just Evolve](#), a video campaign from CoorDown

Read Inclusive Books

- ☐ [You are Enough, You are Brave](#), and [You Are Loved](#) inspired by Sofia Sanchez
- ☐ [I Like You So Much, Different a Great Thing to Be](#), and [Everyone Belongs](#) by Heather Avis
- ☐ [Down Syndrome Out Loud](#) by Melissa Hart



Words from Charlotte

“People with Down syndrome can thrive if only they are given the opportunities and are given high expectations!”

-Charlotte Woodward, NDSS Program Associate